

Alexander valley union School District MENU October 2018

Welcome back to a new school year!
Lunch \$4.00



Meatless Mondays	Tuesday	Wednesday	Thursday	Friday
1 Bosco Sticks Marinara Sauce Baby Carrots Fruit	2 Egg Roll with Veggie Noddle Bowl Broccoli Fresh Fruit	3 Pork Chile Verde Beans Carrots Fruit Salad	4 French Bread Pizza Green Salad with Corn Fruit	5 <i>Hot Dogs with mixed veggies Fresh Fruit Cheez it</i>
8 Sunbutter & Jelly Sandwich Baby Carrots String Cheese Fresh Fruit	9 Pasta with Meatballs Baby Carrots Cherry Tomatoes Fruit	10 Baked Chicken Fresh Roll Mixed Veggies Fresh Fruit	11 Cheese Pizza Garden Spinach Salad Garbanzo Beans Fruit	12 California Salad Day Fresh Roll
15 Mac n Cheese Pasta Hot Corn Veggie Fruit	16 BBQ Pork Sandwich Baked Beans Snap Peas Fruit	17 Fajitas, Beans & Corn Tortilla Jicama/Lime Cucumber Fresh Fruit	18 French Bread Pizza Veggie Salad Fresh Fruit	19  Hot Dog, Bun Fruit, Veggies, Milk
22 Cheese Bean Taco Shredded Lettuce Chips/Salsa Fruit	23 Chicken Noodle Soup Bosco Stick Carrots/Snap Peas Fruit	24 Chile Mac Baby Carrots Bell Peppers Fruit	25 Slice of Pizza Green Salad Fresh Fruit	26 A taste of Italy Cheese Bread Sticks
29 Bean & Cheese Burrito Chips/Salsa Carrots Fruit	30 Alfredo Pasta Cheese Bread Stick Cucumber/Carrots Fruit	31 BBQ Pulled Pork Sandwich Cole Slaw/Tomatoes Fruit	November 1 French Bread Pizza Green Salad Homemade Croutons Fresh Fruit	November 2  Hot Dog, Bun Fruit, Veggies, Milk

Eligible students may receive meals for Free or at a Reduced Price.
Check with the Food Service Office for additional information.

“(School) Unified is an equal opportunity provider and employer.”