

Alexander valley School MENU August /September 2019

Welcome back to a new school year!
Lunch \$ 4.00



Meatless Mondays	Tuesday	Wednesday	Thursday	Friday
			August 15 French Bread Pizza Green Salad Cucumber Fresh Fruit	August 16 Hot Dog Veggies Fresh Fruit Snack
August 19 Tuna Sandwich Shredded Lettuce Chips/Salsa Fresh Fruit	August 20 Beef Tacos Shredded Lettuce Pinto Beans Fresh Fruit	August 21 Garlic Chicken Pasta Fresh Roll Carrots Fruit Salad	August 22 French Bread Pizza Caesar Salad Baked Cookie Fruit	August 23 Hamburger Lettuce/Tomato Corn Salad Fresh Fruit
August 26 Nachos Pinto Beans Cucumber Fresh Fruit	August 27 Chicken Salad Sandwich Broccoli Salad Fruit	August 28 Chicken /Cheese Burrito Mixed Veggies Fresh Fruit Roll	August 29 French Bread Pizza Garden Spinach Salad Fruit	August 30 Chicken Sandwich Baby Carrots Baked Fries Fruit
September 2 No School Labor Day Holiday	3 Pasta with Meatballs Caesar Salad Snap Peas Fruit	4 Fajitas, Beans and Tortilla Jicama/Lime Cucumber Fresh Fruit	5 Pepperoni Pizza & Veggie Salad Fresh Fruit	6 Deli Sandwich Cheez-Itz Assorted Veggies Fruit Salad
9 Mac n Cheese Pasta Mixed Veggies Fruit	10 Chicken Chow Mein Carrots/Snap Peas Fruit	11 Cheeseburger Baby Carrots Bell Peppers Fruit	12 French Bread Pizza Salad Fresh Fruit	13 Chicken Tenders Fresh Roll Cole Slaw Fresh Fruit
16 Meatless Lasagna Roll Corn Salad Fresh Fruit	17 Beef Tacos Shredded Lettuce Cucumber Sticks Fresh Roll	18 Chicken Garlic Pasta Lettuce/Tomato Carrots Fruit	19 Pizza & Salad Homemade Croutons Fresh Fruit	20 Deli Sandwich Cucumber Baked Beans Fresh Fruit
23 Bean/Cheese Burrito Chips/salsa Baby Carrots Fruit	24 Garbanzo Bean Casserole Veggies Fruit	25 Cheese Enchiladas Spinach Mix Salad with Kidney Beans Fruit	26 French Bread Pizza Broccoli Ranch Salad Lettuce/Tomato Fresh Fruit	27 Cheeseburger Baked Beans Cucumber Fruit

Eligible students may receive meals for Free or at a Reduced Price.
Check with the Food Service Office for additional information.

“Alexander Valley Unified is an equal opportunity provider and employer.”