

ALEXANDER VALLEY SCHOOL

SEPTEMBER LUNCH MENU



PLEASE REMEMBER TO SEND MONEY

LUNCH \$4.00



EXTRA MILK IS \$0.65

ALL MEALS ARE SERVED AT FREE, REDUCED & AND PAID PRICE DEPENDING ON ELIGIBILITY AND SCHOOL



ALL GRAIN PRODUCT ARE 51% WHOLE GRAIN
MORE FRUIT MORE VEGETABLE CHOICES
MOST MENUS ARE PORK FREE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 COOK'S CHOICE	1 BEEF SPAGHETTI SHREDDED CHEESE WG GARLIC BREAD GREEN SALAD / LF RANCH 100% JUICE BOX	2 WG CHICKEN SAND STEAMED BROCCOLI FRESH FRUIT MAYO/KETCHUP/MUSTARD	3 CHILE ROJO BURRITOS GREEN SALAD / LF RANCH SALSA CUPS FRUIT CUP	4 WG SLICED PIZZA CHERRY TOMATO / CARROT 100% JUICE BOX LF RANCH PKTS
7 LABOR DAY HOLIDAY	8 WG ALFREDO PASTA WG BREAD CHEESE STICK SHREDDED CHEESE CUPS GREEN SALAD / LF RANCH 100% JUICE BOX	9 BEEF PATTY ON A WG HAMBURGER BUN W/ SLICED CHEESE POTATO TOTS OR FRIES KETCHUP/MAYO /MUSTARD FRUIT CUP	10 WG PULLED PORK SAND HOMEMADE COLESALW FRUIT CUP BAG OF CHIPS	11 MAC AND CHEESE CHICKEN NUGGETS BABY CARROTS/ BROCCOLI L F RANCH KETCHUP PKTS
14 CHILI BEANS SHREDDED CHEESE CUPS SLICED CORN BREAD HOT CORN FRUIT CUP SALSA	15 WG SPAGHETTI AND MEATBALLS SHREDDED CHEESE CUPS WG GALIC BREAD SHREDED CHEESE CUPS GREEN SALAD / LF RANCH 100% JUICE BOX	16 HOT TURKEY SANDWICH BUTTERED PEAS AND CARROTS FRESH FRUIT MAYO & MUSTARD JALAPENO CUPS	17 PORK STREET TACOS WITH CORN TORTILLAS SHREDDED CABBAGE PICO DE GALLO FRUIT CUP	18 CHICKEN TERIYAKI W/ STEAMED BROCCOLI & RICE 100% JUICE BOX
21 CARNITAS TACOS CORN TORTILLAS SHREDDED LETTUCE & TOMATOES FLAVORED BEANS FRUIT CUP SALSA	22 CHILI CHEESE MACARONI SHREDDED CHEESE CUPS WG GARLIC BREAD GREEN SALAD / LF RANCH 100% JUICE BOX	23 WG CHEESE LASAGNA ROLLS SLICED GARLIC BREAD STEAMED BROCCOLI FRESH FRUIT	24 CORN CHICKEN TAQUITOS GUACAMOLE CUPS SPANISH RICE PICO DE GALLO FRUIT CUP	25 LOCAL HOLIDAY
28 CHILI VERDE BURRITOS SHREDDED CHEESE CUPS FLAVORED BEANS FRUIT CUP SALSA	29 BUTTER NODDLERS CHICKEN FAJITA SHREDDED CHEESE CUPS WG GARLIC BREAD GREEN SALAD / LF RANCH 100% JUICE BOX	30 BEEF TACO ON A CORN TACO SHELL SHREDDED LETTUCE & CHESSE SALSA FRESH FRUIT		
				<p>WAITING FOR YOU.</p> 

"ALEXANDER VALLEY UNION SHOOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER"