



ALEXANDER VALLEY UNION SCHOOL DISTRICT JANUARY BREAKFAST & LUNCH MENU **January**



**FREE BREAKFAST & LUNCH TO ALL CHILDREN
AGES 1 TO 18 YEARS OF AGE
MONDAY TO FRIDAY Pick up at AVS 12:00 - 12:30**



**WG CEREAL OFFERED DAILY AT BREAKFAST
MENUS NOW INCLUDE MORE GRAIN FRUIT
AND VEGETABLE CHOICES
If you have any special dietary needs,
suggestions or concerns.
Call us at 707- 431-3434**

MENU SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 WG CEREAL FRUIT CUP/MILK WG BURRITO RANCH STYLE BEANS SHREDDED CHEESE BABY CARROTS/RANCH FRUIT	5 WG MUFFIN APPLESAUCE/MILK BEEF CHILI BEANS HOT FLAVORED CORN SLICED CORN BREAD FRESH FRUIT	6 YOGURT PARFAIT MILK CHEF'S CHOICE	7 CHEFS CHOICE FRUIT / MILK BEEF HAMBURGER ON A WG BUN TATER TOTS CHILLED FRUIT CUP KETCHUP/ MUSTARD /MAYO PICKLES	8 WG SAUSAGE MUFFIN CANNED FRUIT/ MILK BEEF SPAGHETTI / CHEESE TEXAS TOAST GREEN BEANS 100% JUICE
11 WG CEREAL FRUIT CUP/MILK CHICKEN SOFT TACO RANCH STYLE BEANS SHREDDED CHEESE FAJITA VEGGIES WG GRAHAMS	12 WG BREAKFAST BURRITO TANGERINES/ MILK EGG ROLLS SEASONED RICE KERNEL CORN SPICED APPLESAUCE CHEEZE ITS	13 YOGURT PARFAIT MILK CHICKEN BURGER BABY CAROTS & HOT CORN APPLESAUCE KETCHUP/ MAYO	14 BAGEL W/ CREAM CHEESE APPLE/MILK WG BEEF BURRITO JICAMA & CARROTS TAJIN PKT LOW FAT RANCH CANNED PEACHES SALSA	15 WG MUFFIN W/ STRAWBERRY SLICED ORANGES / MILK CHILI MAC BREAD STICK SHREDDED CHEESE BROCCOLI DICED FRUIT CUP
<p>gg82679217 www.gograph.com</p>	19 WG FRENCH TOAST TANGERINES/ MILK DELI SANDWICH GREEN SALAD LOW FAT RANCH DORITOS CHIPS MIXED FRUIT	20 WG BREAKFAST PIZZA FRESH APPLE MILK PORK STREET TACOS SHRRED LETTUCE & PICO DE GALLO COLD MAC SALAD SALSA	21 YOGURT PARFAIT MILK ENCHILADAS SEASONED RICE RANCH BEANS CANNED PEARS SALSA	22 WG BREAKFAST BURRITO FRUIT/MILK CHICKEN BURGER BABY CAROTS & HOT CORN APPLESAUCE KETCHUP/ MAYO
	25 MINI WAFFLES CANNED FRUIT/MILK BOSCO STICKS MARINARA SALAD FRUIT LF RANCH	26 BAGEL & CREAM CHEESE TANGERINE/MILK WG ALFREDO PASTA W/ CHICKEN WG DINNER ROLL MIXED VEGGIES CANTALOPE BITS	27 YOGURT PARFAIT MILK PULLED PORK SAND TATER TOTS CARROTS & RANCH FRESH FRUIT KETCHUP & MUSTARD	28 WG MUFFIN APPLESAUCE/MILK WG PIZZA GREEN SALAD CHERRY TOMATOES FRESH FRUIT GRAHAMS

"ALEXANDER VALLEY UNION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER"